

Health and Wellness at We Energies

We Energies employees work hard to provide reliable electric, natural gas and steam services to customers around the clock. As such, the award-winning utility is nationally recognized for its top-notch reliability and customer service. Utility work is often physically strenuous and can be dangerous. Being fit and well helps employees stay at the top of their game.

We Energies includes health and wellness programming in its benefits offering. Through the company's Health Enhancement Initiative (HEI), employees have access to on-site health screenings, interactive presentations and educational resources and programs. Additionally, employees can participate in a year-long incentive program which offers financial rewards for positive health behaviors and health outcomes.

Easy access to health resources benefits employees and the organization as a whole.

"HEI's Lifestyle Rewards helped me get started toward a healthier lifestyle. The program was the motivation I needed to lose 20 pounds by improving my diet and exercise habits. I encourage others to join the program because I'm convinced that you'll see and feel significant benefits."
- Charley Cole, senior vice president -- Customer Operations

"After receiving my health screening values (particularly cholesterol), I realized that I needed to stop eating so much fast food and exercise more. By the next health screening I was surprised to see that my cholesterol had dropped 40 points! The Lifestyle Rewards program has provided me with quick health information and helped me reach my goal of a healthy cholesterol level."
- Ann Brhely, medical leave consultant-Human Resources

In 2007, We Energies garnered the C. Everett Koop National Health Award.

"At We Energies we believe that supporting healthy lifestyle practices influences the bottom line in terms of productivity and medical costs. Our goal is to engage even more employees and begin reaching out to their families as well."
- Kristine Rappé, senior vice president and chief administrative officer